

### Coity Fell Race Results 2013 (Clockwise)

Pos	Time	No:	Name	Gender	Category	Club	
1	36.18	47	Mark Jennings	M	Snr	Fairwater Runners	<b>1st Overall</b>
2	40.56	39	Daryll Barnby	M	Snr	Fairwater Runners	<b>2nd Overall</b>
3	41.33	40	Andrew Reynolds	M	Snr	Neath Harriers	<b>3rd Overall</b>
4	43.47	42	Steve Davies	M	V50	Pontypool & District Runners	<b>1st V50</b>
5	45.52	10	Dimitri Vorres	M	V50	Mynydd Du	<b>2nd V50</b>
6	46.42	25	Damian Caswell	M	Snr	Mynydd Du	
7	47.05	36	Krzysztof Chrostek	M	Snr	Cardiff Ajax	
8	47.30	38	Julian Price	M	V40	Mynydd Du	<b>1st V40</b>
9	47.38	34	Phillip Miles	M	V60	Parc Bryn Bach	<b>1st V60</b>
10	48.03	13	Steve Herington	M	V60	Hereford Couriers	<b>2nd V60</b>
11	48.20	12	Steve Littlewood	M	V50	Hereford Couriers	<b>3rd V50</b>
12	48.47	33	Brendan Plowman	M	Snr		
13	50.05	37	David Smout	M	V60	Mynydd Du	
14	51.22	14	Roy Silver	M	V50	Les Croupiers	
15	51.29	18	Leo James Probert	M	Snr	Cwmbran Harriers	
16	51.47	49	Martyn Jenkins	M	V50	Fairwater Runners	
17	52.05	44	Ricci Watts	M	Snr	Pontypool & District Runners	
18	52.33	17	Helen Duffield	F	V40	Chepstow Harriers	<b>1st Overall</b>
19	53.24	31	Emma Sowrey	F	Snr	Pontypool & District Runners	<b>2nd Overall</b>
20	53.43	22	Paul Symmons	M	V40	Mynydd Du	
21	53.47	15	Les Williams	M	V60	Rhedwyr Eryri	
22	53.48	11	Anne Marie Harris	F	V40	Mynydd Du	<b>3rd Overall</b>
23	53.49	30	David Timson	M	V40	Mynydd Du	
24	54.00	32	Rebecca Poole	F	Snr	Fairwater Runners	
25	54.02	29	Gareth Jones	M	V60	MDC	
26	54.15	26	William John Darby	M	V60	Mynydd Du	
27	54.38	16	Tosh Simpkin	M	V40	Chepstow Harriers	
28	55.13	27	Glyn Hicks	M	V60	Islwyn	
29	58.40	43	Matt Freake	M	V40		
30	59.05	23	Dick Finch	M	V60	Chepstow Harriers	
31	59.34	48	Jeanette Jenkins	F	V50	Fairwater Runners	<b>1st FV50</b>
32	60.13	28	Karen Elvers	F	V40	Chepstow Harriers	<b>1st FV40</b>
33	61.28	19	Colin Prosser	M	V40	Chepstow Harriers	
34	61.39	46	Amanda Wild	F	Snr	Pontypool & District Runners	
35	64.31	24	Rob Brown	M	V60	Chepstow Harriers	
36	66.18	45	Gareth Jenkins	M	V40	Pontypool & District Runners	
37	67.59	20	Les Pugh	M	V60	MDC	
38	68.38	50	Lee Durkee	M	u5	Pontypool & District Runners	
39	69.49	21	Kath Jervis	F	V50	Parc Bryn Bach	
40	74.56	35	John Plowman	M	V70		
41	75.00	41	Sara Wakefield	F	Snr	Pontypool & District Runners	

1st M Team Fairwater Runners  
Mynydd Du

Mark, Daryll and Martyn  
Dimitri, Damian and Julian

1 F Team Pontypool & District Runners

Emma, Amanda and Sara